

Theories and Concepts in Psychoneuroimmunology: What is at Stake?

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PSYCHO- NEURO- IMMUNOLOGY

A Framework for
Understanding
the Pieces of
Your Puzzle



Dr. Dave

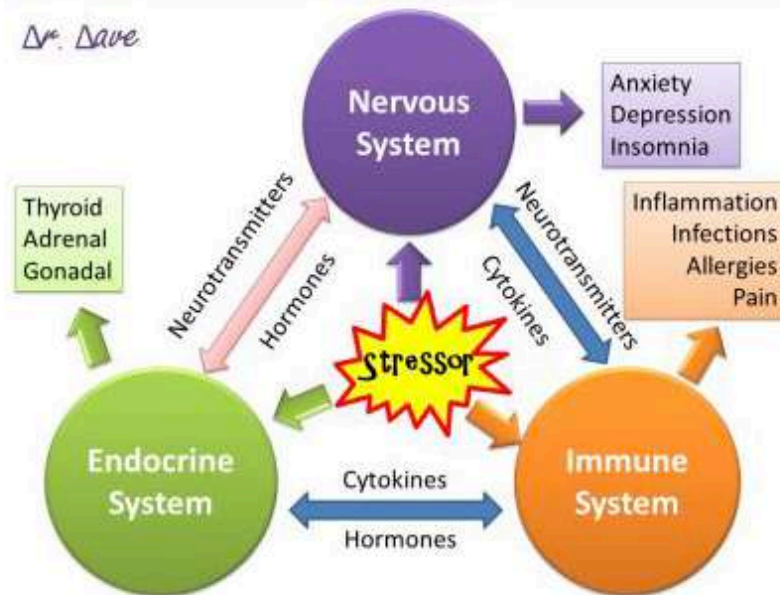


Table 1. *The early decades of research that shaped the field of neuroimmune interactions*

Early Neuroimmune Research

1. The psychosomatic approach:

Psychological factors and emotions influence disease onset and progression (allergies, peptic ulcer, cancer, autoimmune diseases, infectious diseases)

2. The biobehavioral approach:

Experimental stressors impact immune functions (1964: Solomon proposes the term "psychoimmunology")

The immune system can be modulated by conditioned stimuli (Metalnikov and Chorine, 1926; Ader, 1974)

3. The cellular communication approach:

Immune cells express neurotransmitter receptors (Szentivanyi, 1958; Hadden, 1970–5; Pert, 1985)

Immune cells produce brain and pituitary peptides (Blalock, 1980)

4. The neuroanatomical approach:

Innervation of the spleen and other lymphoid organs by the autonomic nervous system (Felten, 1980)

5. The effect of immune factors on the neuroendocrine system:

Interleukin-1 activates the hypothalamic-pituitary-adrenal axis by acting in the brain (Besedovsky and Del Rey, 1975)

What I would like to discuss:

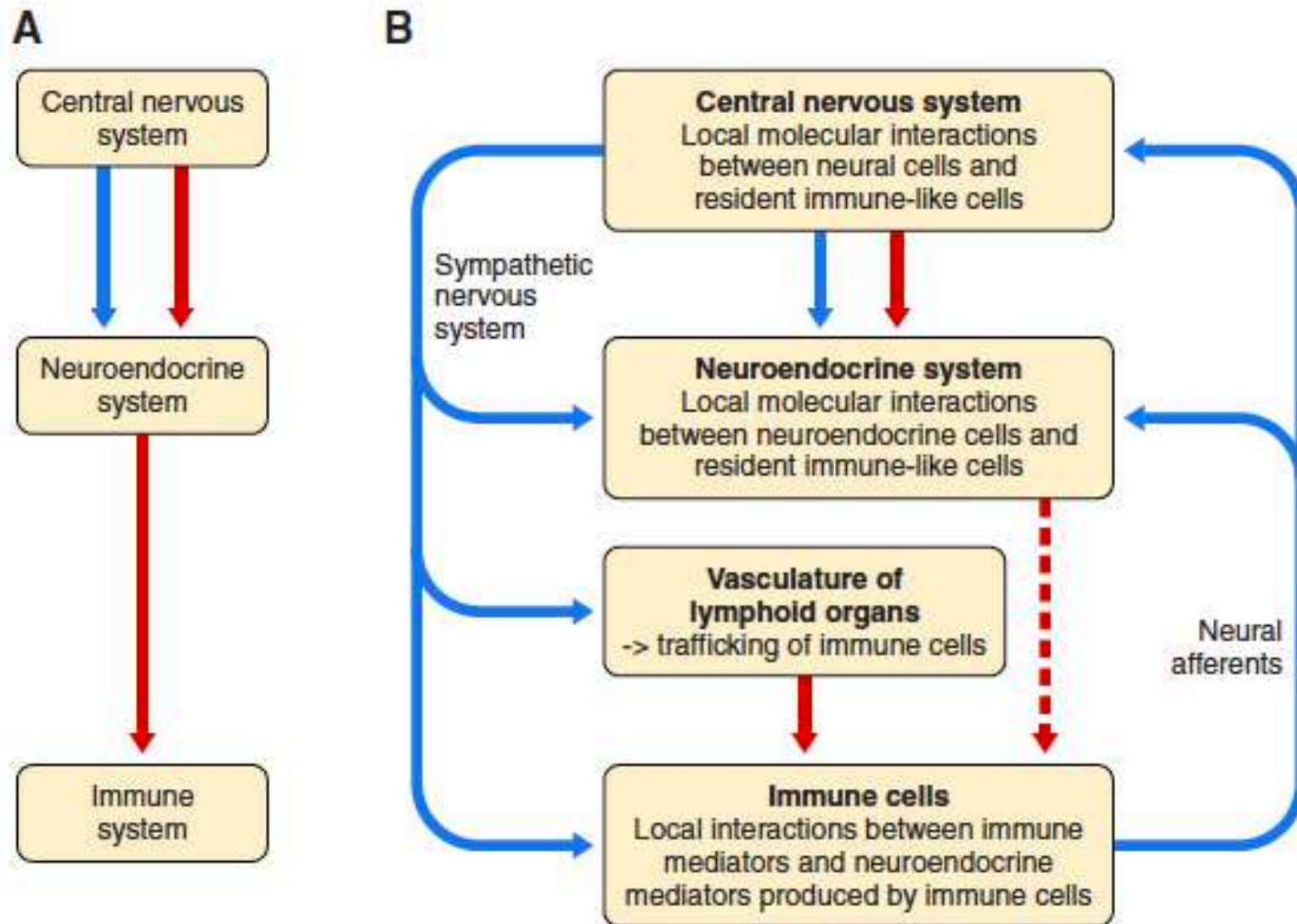
1. PNI and theories of cellular communication
2. PNI and the normal vs. the pathological
3. PNI and the opponent process theory

1/ Theories of cellular communication

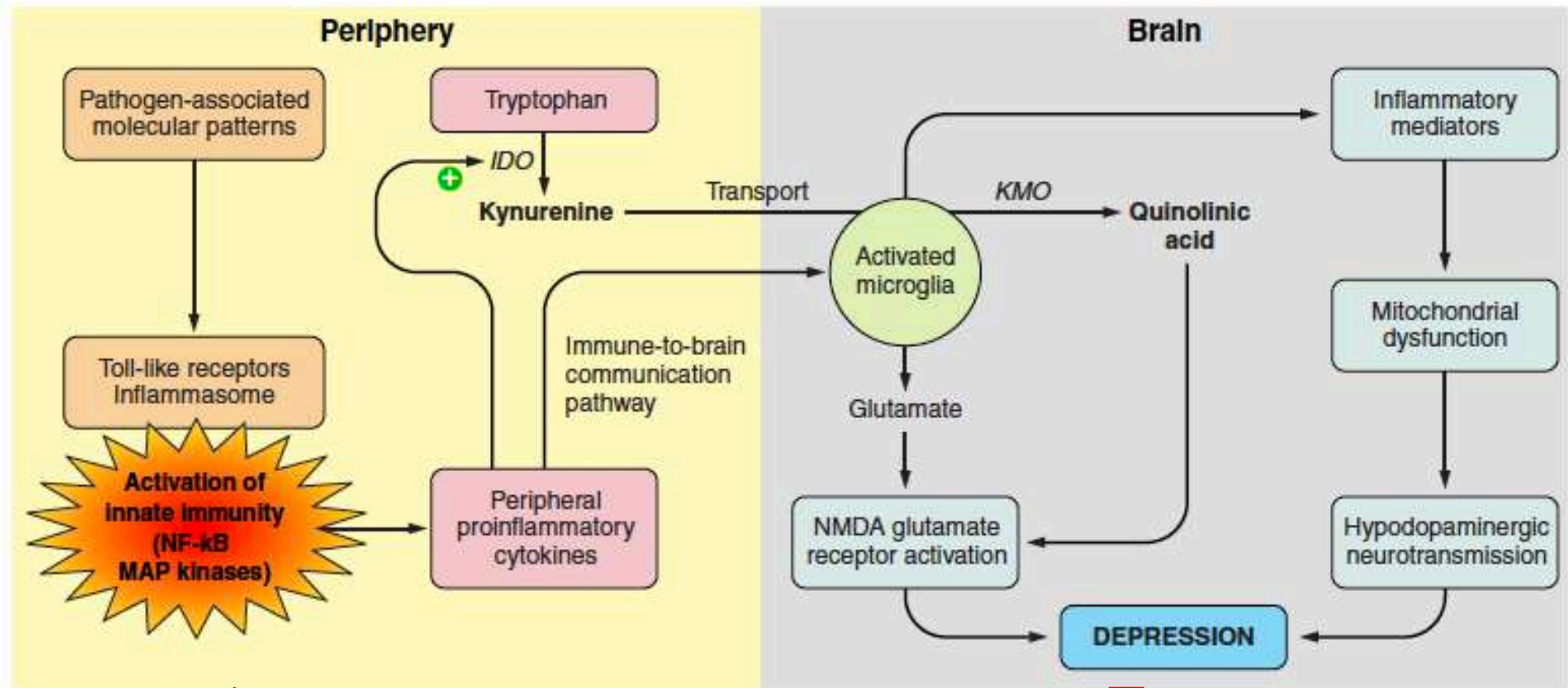
- Cellular communication signals together with their signaling pathways can be found in most cells of the body and are not specific of a given organ
- Specificity of cellular communication comes from the way organs are functionally structured
- Organs that concur to the same function(s) must be able to coordinate their joint functions by reciprocal communication pathways
- In addition to specific organ diseases, there are diseases that affect communication signals and communication pathways



Schematic representation of neuroimmune interactions



An example of intricate communication pathways: inflammation-induced depression



2. The normal and the pathological

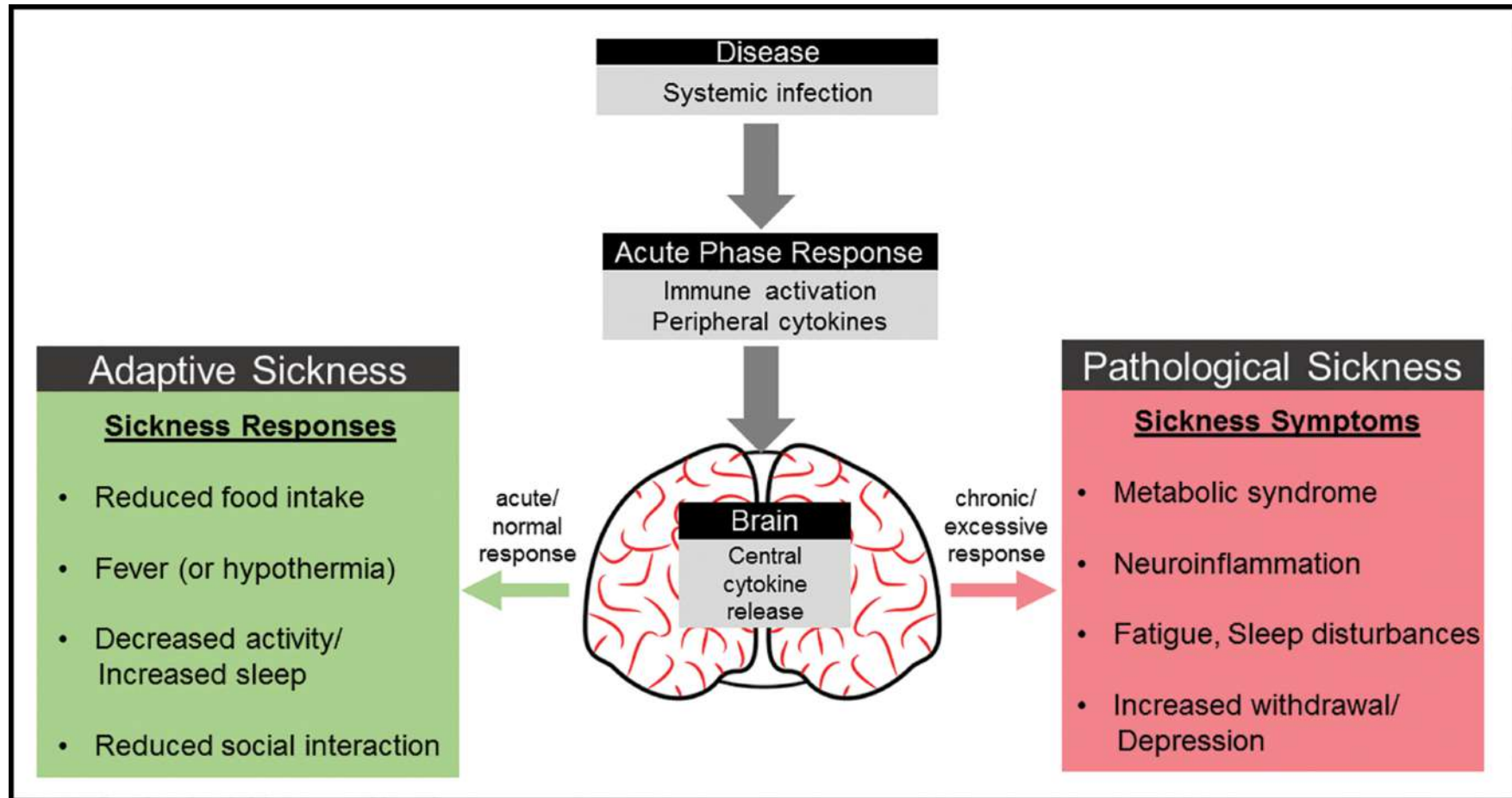
2.1 Health as a reversible condition

Canguilhem: *"Ce qui caractérise la santé c'est la possibilité de tolérer des infractions à la norme habituelle et d'instituer des normes nouvelles dans des situations nouvelles. [...]"*

La santé c'est une marge de tolérance des infidélités du milieu. [...]"

[...] Etre en bonne santé c'est pouvoir tomber malade et s'en relever, c'est un luxe biologique. Inversement, le propre de la maladie c'est d'être une réduction de la marge de tolérance des infidélités du milieu. [...]"





KE Sylvia, GE Demas, A return to wisdom: using sickness behaviors to integrate ecological and translational research, *Integr Comp Biol*, 2017, 57, 1204-13

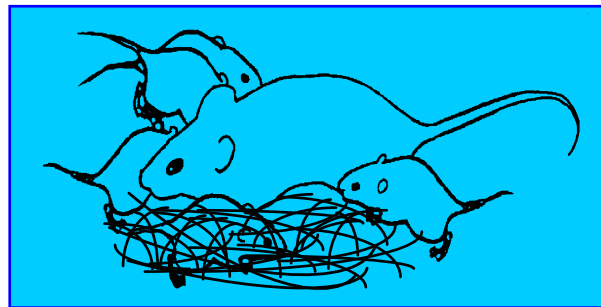
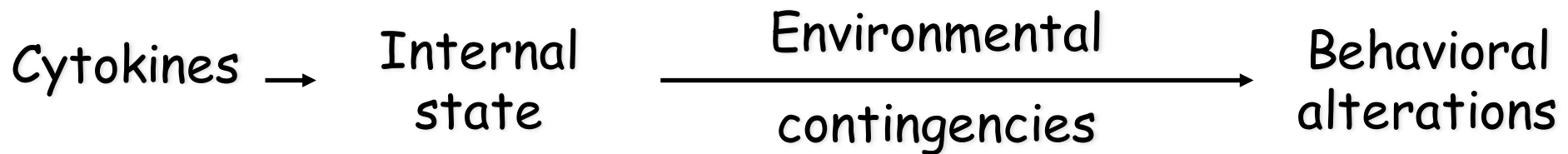
Cytokines Cause Reorganization of Host Priorities

(Aubert et al., Brain Behav Immun 1997, 11:229-238)

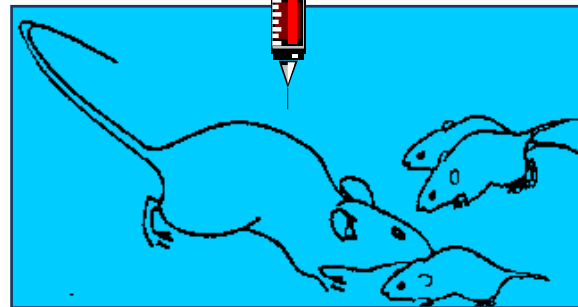
Medical interpretation



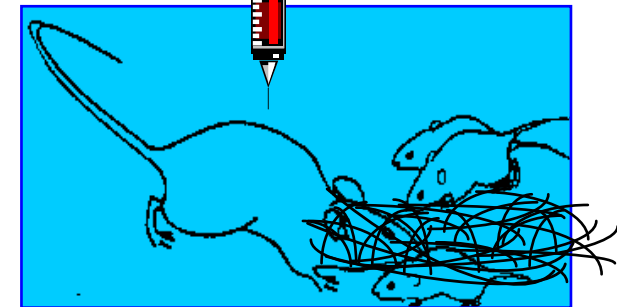
Motivational interpretation



24°C



24°C



6°C

MOTIVATIONAL INTERPRETATION OF SICKNESS

Threat → Fear →



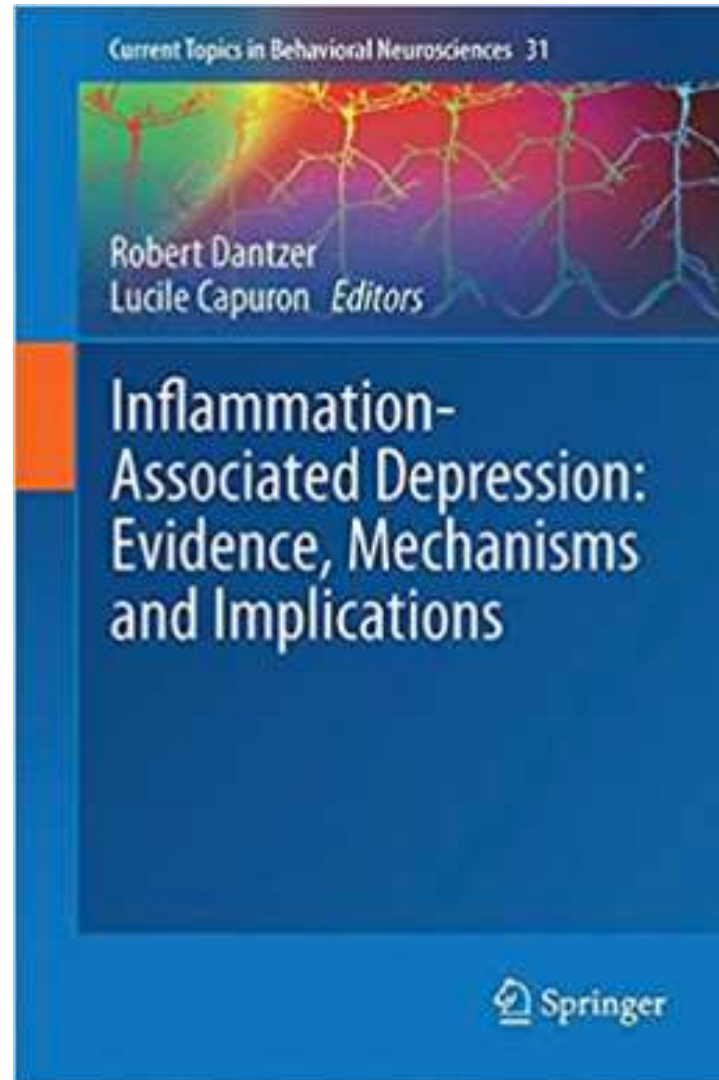
- Fear feelings
- Fear behavior
- Visceral arousal

Pathogenic micro-organisms → Sickness →



- Malaise
- Sickness behavior
- Visceral arousal

Major depressive disorder as a disease of immune-to-brain communication pathways?

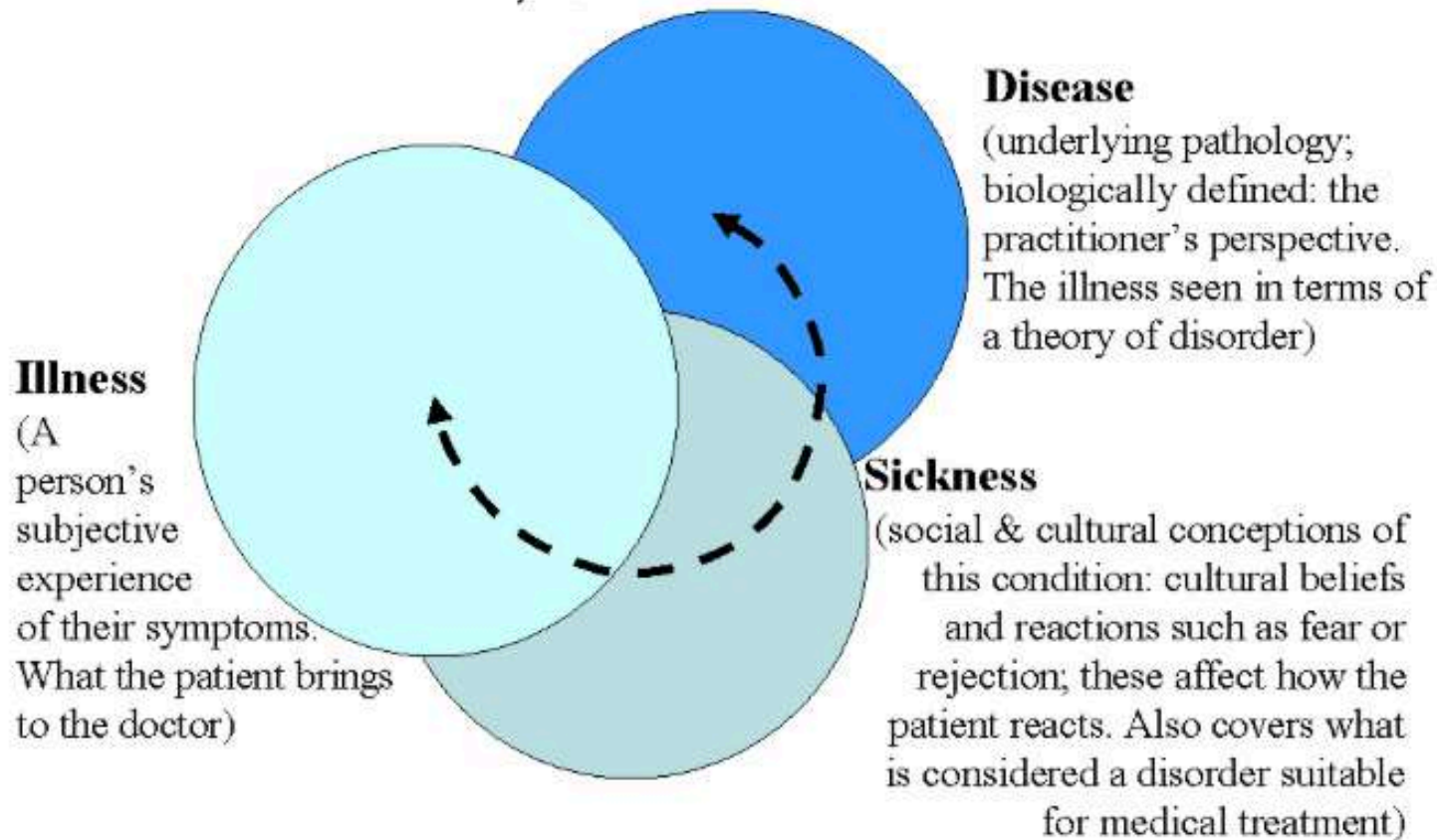


2.2 What it means to be ill

Canguilhem: *"Chercher la maladie au niveau de la cellule c'est confondre le plan de la vie concrète où la polarité biologique fait la différence de la santé et de la maladie et le plan de la science abstraite où le problème reçoit une solution. [...] nous voulons dire que la maladie d'un vivant ne loge pas dans des parties d'organisme. [...] Le même donné biologique peut être considéré comme partie ou comme tout. Nous proposons que c'est comme tout qu'il peut être dit ou non malade"*



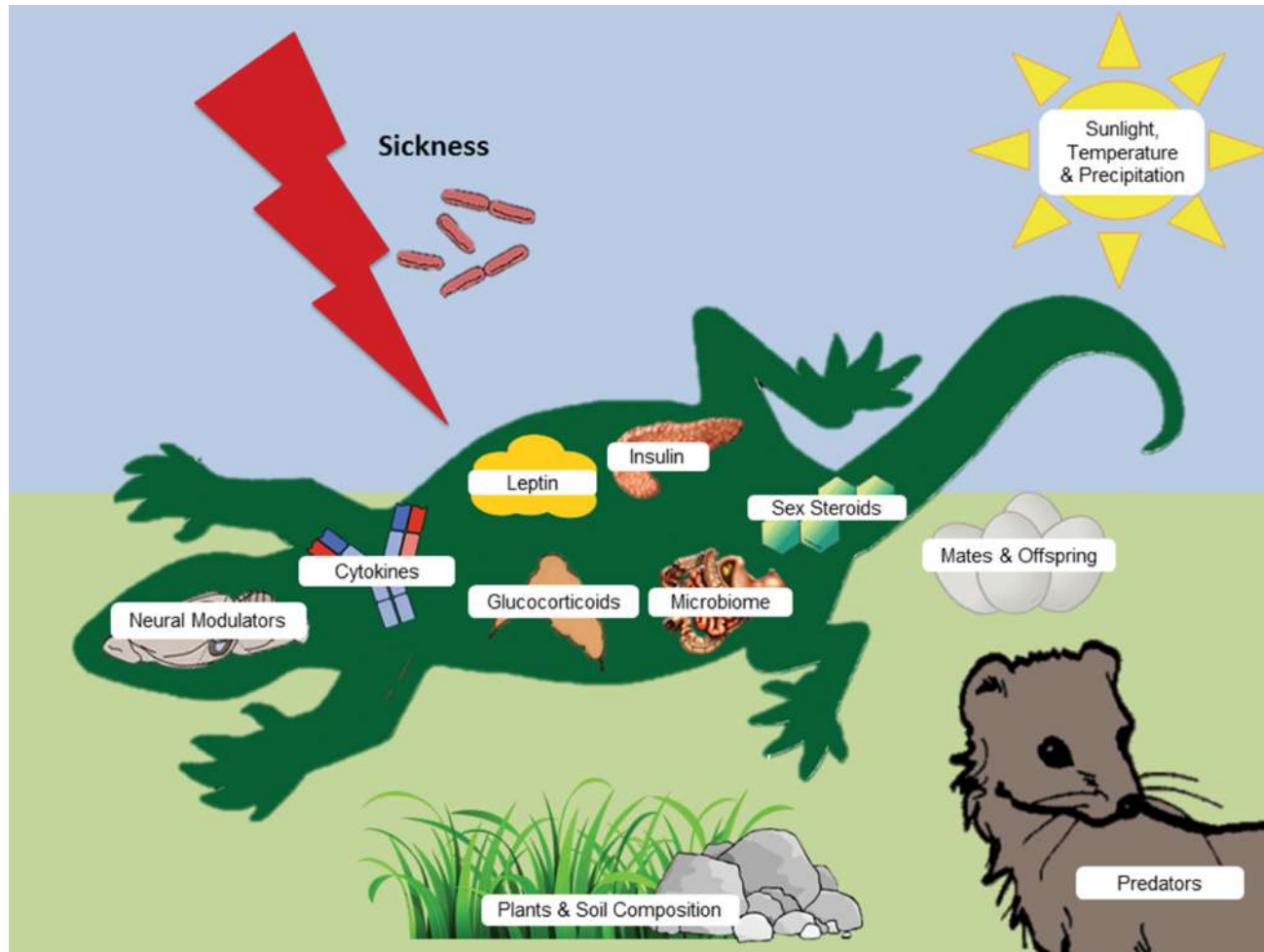
Three Perspectives: Disease, Sickness & Illness



Twaddle, A. (1994a). Disease, illness and sickness revisited. In: A. Twaddle & L. Nordenfelt. (Eds.) *Disease, Illness and Sickness: Three Central Concepts in the Theory of Health* (pp. 1-18). Linköping: *Studies on Health and Society*, 18

Hofmann, B. (2002) On the triad disease, illness and sickness, *J Med Philo*, 27, 651-73

Ecoimmunology views sickness behavior as an integrated response to energetic, social, and environmental contexts



KE Sylvia, GE Demas, A return to wisdom: using sickness behaviors to integrate ecological and translational research, *Integr Comp Biol*, 2017, 57, 1204-13

Some examples of the adaptive value of sickness behavior

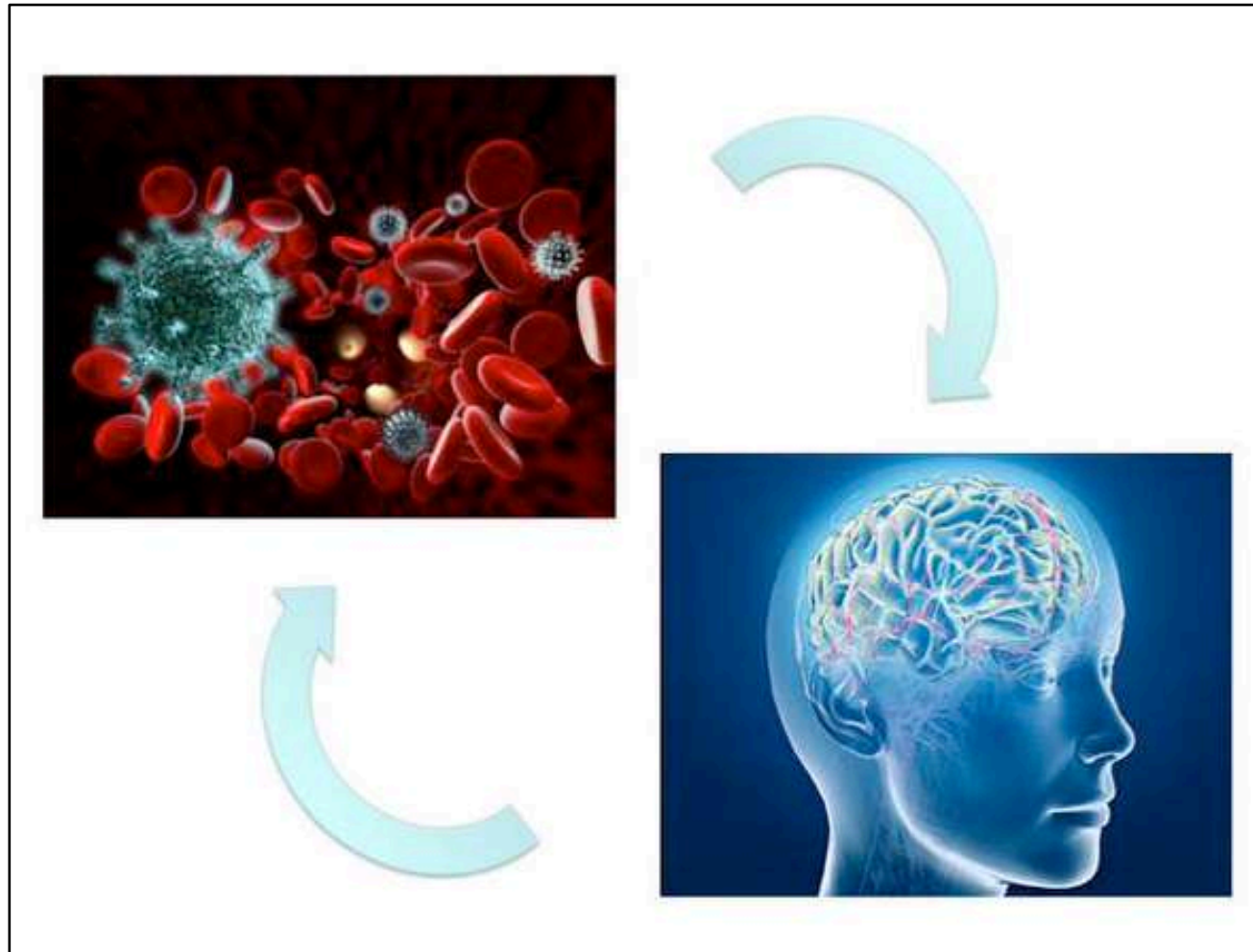


The screenshot shows the top portion of the Journal of Experimental Biology website. The header includes the journal title, a search bar, a login button, and social media icons. A navigation menu is located below the header. The main content area features a research article titled "Eating when ill is risky: immune defense impairs food detoxification in the caterpillar *Manduca sexta*". The authors listed are Laura E. McMillen, Dylan W. Miller, and Shelley A. Adamo. The article was published in the Journal of Experimental Biology in 2018. Below the article title, there are links for "Previous Article" and "Next Article". A "Keywords" section lists terms such as "Illness-induced anorexia", "Psychoneuroimmunology", "Sickness behavior", "Ecoimmunology", and "Pesticide". At the bottom of the article preview, there are options to view the "Article", "Figures & tables", "Supp info", and "Info & metrics", along with PDF download icons.



The screenshot shows the top portion of a Cell journal article page. The word "Article" is displayed in the top left corner, and the "Cell" logo is in the top right corner. The main title of the article is "Pathogen-Mediated Inhibition of Anorexia Promotes Host Survival and Transmission". The authors listed are Sheila Rao,¹ Alexandria M. Palaferri Schieber,¹ Carolyn P. O'Connor,² Mathias Leblanc,³ Daniela Michel,¹ and Janelle S. Ayres^{1,4,*}. The affiliations are: ¹Nomis Center for Immunobiology and Microbial Pathogenesis, ²Flow Cytometry Core Facility, ³Gene Expression Laboratory, and ⁴Lead Contact. The article is published by The Salk Institute for Biological Studies, La Jolla, CA 92037, USA. The correspondence email is jayres@salk.edu, and the DOI link is <http://dx.doi.org/10.1016/j.cell.2017.01.006>.

Is immunopsychiatry a useful concept?



Compared to *psychoneuroimmunology*, "the recent use of the term *immunopsychiatry* represents a hierarchical shift: it suggests that our brain no longer governs the immune system, but, on the contrary, that our behaviours and emotions are governed by peripheral immune mechanisms... The introduction of the term *immunopsychiatry* has created the opportunity of managing psychiatric disorders through novel treatment approaches targeting the immune system" (Pariante, *Lancet Psychiatry*, 2015)



From Immunoneurology to Immunopsychiatry: Neuromodulating Activity of Anti-Brain Antibodies

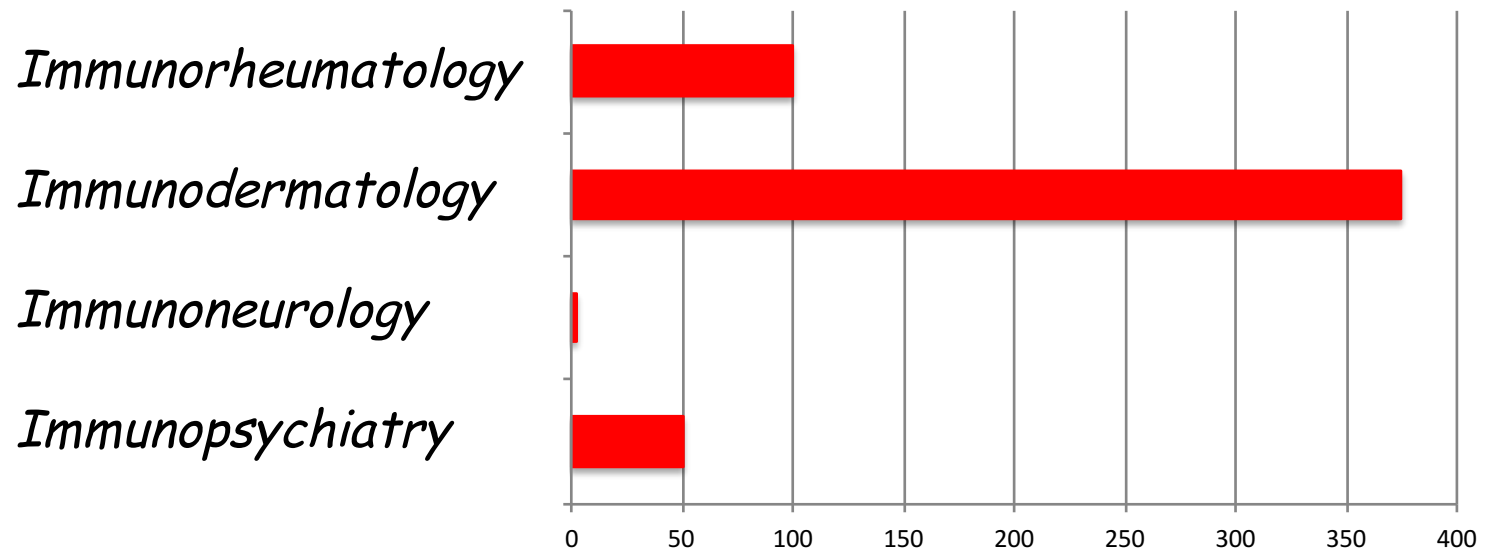
Branislav D. Janković

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[https://doi.org/10.1016/S0074-7742\(08\)60076-8](https://doi.org/10.1016/S0074-7742(08)60076-8)

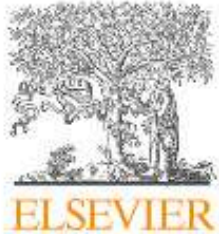
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Number of references in PubMed



Is depression really maladaptive?

Journal of Affective Disorders 172 (2015) 315–323



Contents lists available at ScienceDirect

Journal of Affective Disorders

journal homepage: www.elsevier.com/locate/jad



Review

An adaptationist perspective on the etiology of depression



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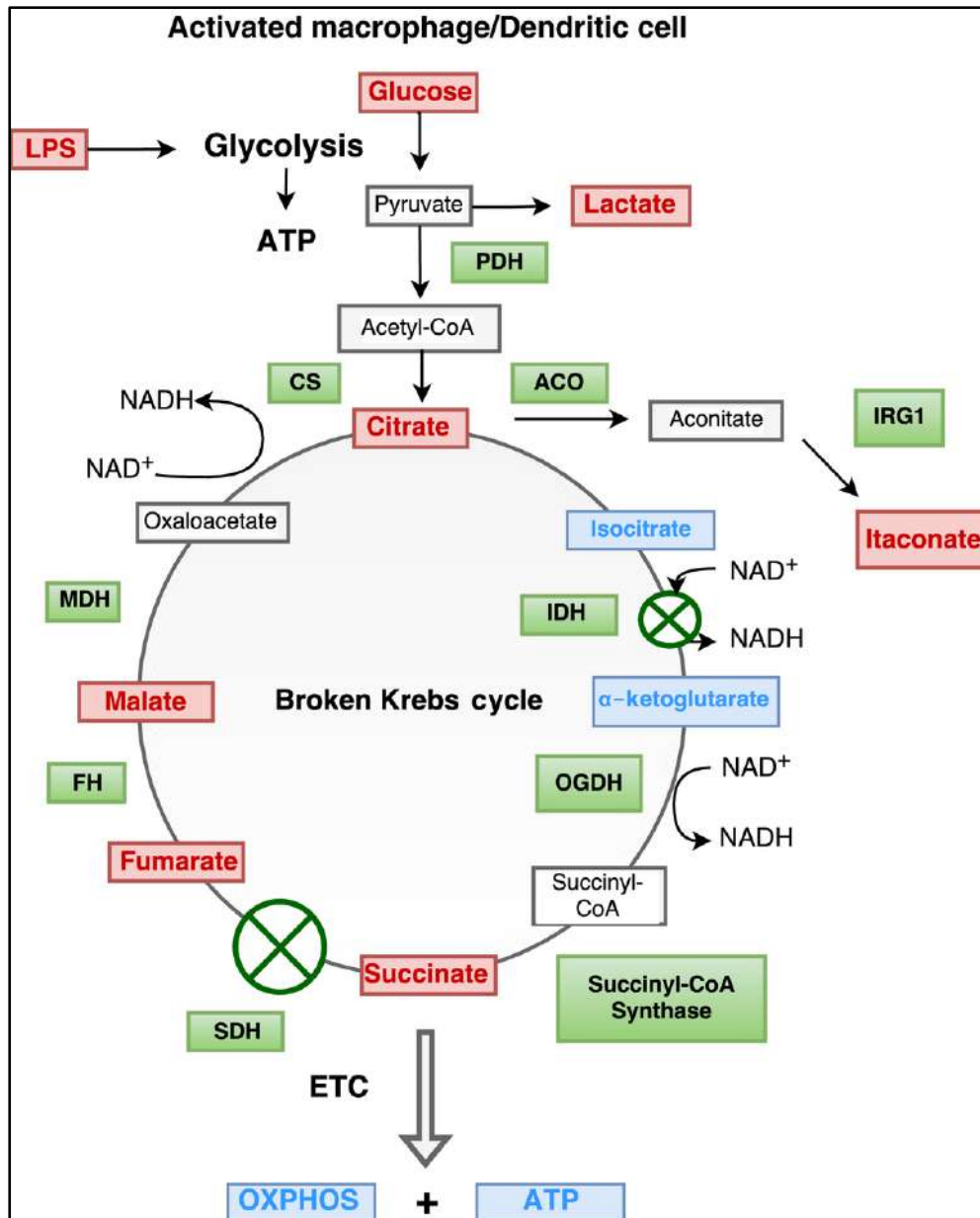
^c Centre for Addiction and Mental Health (CAMH), 1001 Queen Street West, Toronto, Ontario, Canada M6J 1H4

^d Department of Psychiatry, Faculty of Medicine, University of Toronto, 250 College Street, Toronto, Ontario, Canada M5T 1R8

Possible adaptive functions of depression:

- Biasing cognition to avoid losses
- Conserving energy
- Disengaging from unobtainable goals
- Signaling submission
- Soliciting resources
- Promoting analytical thinking

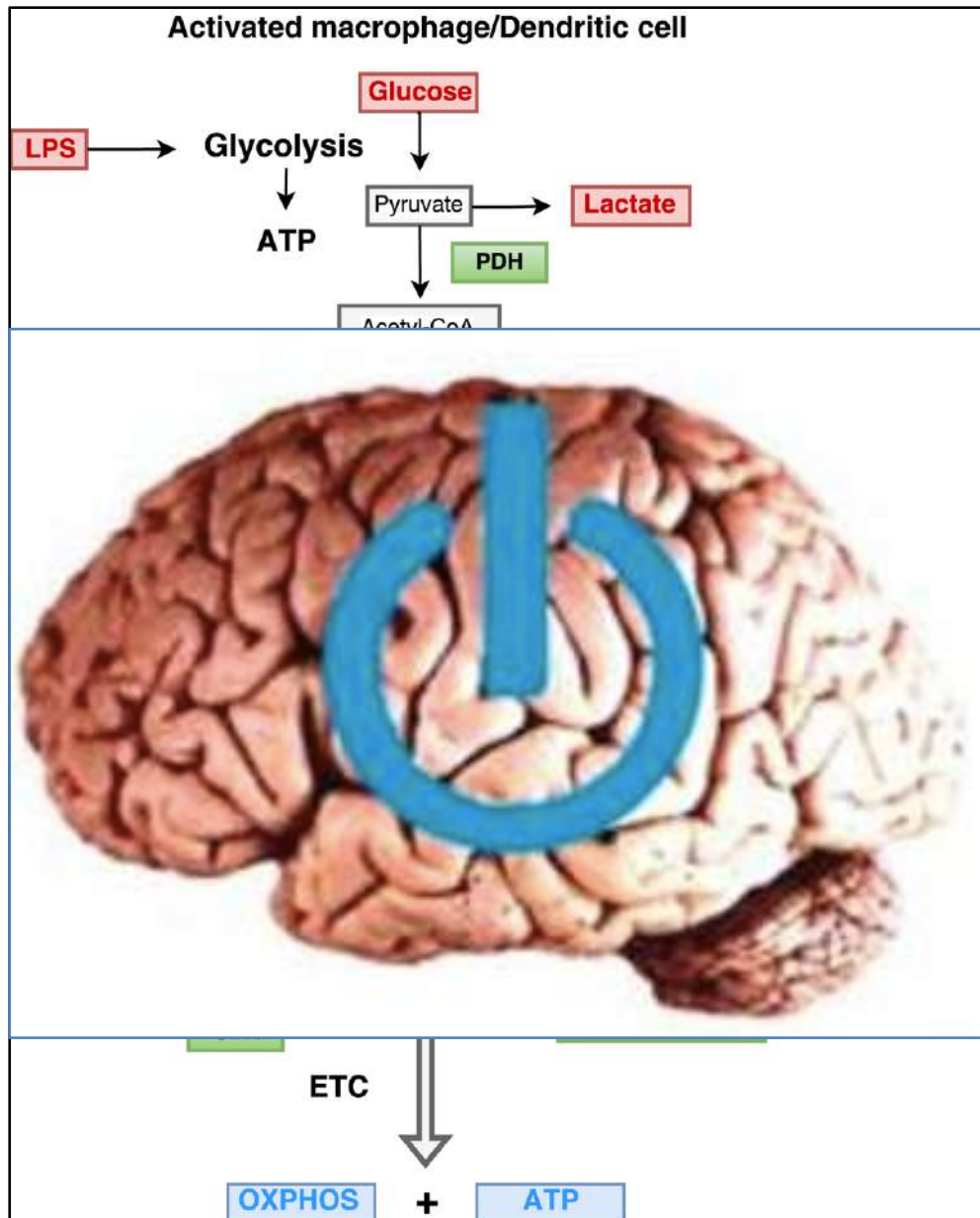
Does conservation of energy play a role in inflammation-induced depression?



Metabolic features of inflammation:

- *Increased glycolysis*
- *Reduced OXPHOS and generation of ATP*

Does conservation of energy play a role in inflammation-induced depression?



Metabolic features of inflammation:

- *Increased glycolysis*
- *Reduced OXPHOS and generation of ATP*

The brain represents only 2% of the body weight but demands 20% of our resting metabolic rate

3/ Opponent process theory

(Cut because unpublished)